

LEARNING PRINCIPLES

- Slow is fast.
- Method wins time.
- Progress requires commitment.
- Muscles need systematic training.
- Repetition breeds habit.
- Anticipation is smoother than reaction.
- Relaxed attention is superior to impatient frenzy.
- Concentration comes in small doses.
- Visualization aids memorization.
- Immersion leads to authenticity.
- Coherence is a matter of choice, not chance.
- Imagination, enthusiasm, and curiosity are indispensable fuels.
- Another opinion induces growth.
- You don't have to practice every day-just on the days you breathe.
- There is no such thing as a difficult piece. A piece is either impossible or it is easy. The process whereby it migrates from one category to the other is known as practicing.
- Solid preparation diminishes fear.
- Honesty begets confidence.
- There is no substitute for good information.
- Self-mastery is the goal.
- Patience is the key.
- Learning is forever.